

2017

These poems are meant to be pondered over.
There is a message contained in each one.
There is a riddle to be solved.
I hope they may contain meanings for your life.



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Life Is More Than You Think It Is

Life is more than you think it is.
We are skimming the surface of life.
Imagine we are birds flying inches over the ocean.
We think we totally understand the vast ocean of life.
We have all the answers.
Nobody can tell us any wisdom.
I know what is going on.
Who do you think you are?
Yet we are skimming the surface in life.
We were meant to dive deep into the ocean and discover our true nature.
Our true nature comes from the ocean of life.
True wisdom comes from the ocean.
The ocean is pure kindness and bliss.
The ocean is pure love and compassion.
The ocean is pure patience and tolerance.
You are the vast ocean.
So we are skimming the ocean.
We are just flying inches above the water.
We feel at times so alone.
We get angry and frustrated.
At times our heart is full of hate.
We lash out at our fellow man.
We fight one another.
Wars break out.
What in the world is going on?
We have spun this same record over and over again.
Yes, life is more than we think it is.
Why are we so stubborn?
What exists inside of us that refuses to acknowledge that we are the ocean?
Don't tell me what to do.
Listen we are only giving helpful advice.
No more and no less.
We see your pain.
We are only saying you can take steps to get out of your pain.
You are your own master.
Only you can help yourself.
Nobody can walk this path for you.
All we are saying is you have a dusty mirror.

Wipe off the dust and then you will see who you truly are.
Life is more than you think it is.
Ponder this over.
You can solve this puzzle.

Life Is So Beautiful

Life is so beautiful.
Look at the sun, moon, and stars.
Beauty is everywhere in nature.
Man has been looking at the stars for eternity.
Nature is blooming all around us.
A flower blooms whether we see it or not.
Its nature is to bloom and the petals eventually go back to the ground.
Look at the diversity of life.
Life on earth holds a myriad of incredible creations.
Each one is different and unique.
All were created by a creative force.
We need to see the miracle of life on this planet.
At times we get so caught up in our 9 to 5 existence.
We wear tinted glasses so we don't truly see the beauty in front of us.
I love watching geese fly in the sky.
Where I live so many people consider geese a hassle.
They don't marvel at the many different formations they have in the sky.
I love the sounds they make honking in the sky.
Their sounds are so sweet compared to the honking in a traffic jam.
No sounds of anger or frustration.
They honk with pure delight.
When I was young I was a surfer.
I love the early mornings watching the sunrise while I was catching a wave.
The colors were out of this world.
I would always stop for a moment and witness the beauty of life.
God was painting colors into the sky.
Beauty is all around us.
Even in the midst of a poor neighborhood flowers grow in the cracks of a broken lot.
This world would totally change if we had gratitude toward life.
Imagine in each and every moment we experienced the source of life.
Our entire system of placing values would change.
The money wouldn't be the total object we spend so much time acquiring.
We would walk around in a state of gratitude.
We would see the beauty in life.
You could truly see that your enemies are your friends.
Now that would change this world.
When you truly see the beauty in the life you become more kind.

You become more loving and compassionate.
You become more patient and tolerant.
This is your true nature.
As I said before there is dust on your inner mirror.
Just wipe off the dust and over time you will see your true nature.
Life is so beautiful
Know why you are alive.

Life Is So Sweet

Life is so sweet.
There is sweetness in the air.
The flowers of life are blooming and you are alive.
What can be more magnificent than that?
The fact that you are alive.
Behind your breath lies the sweetness of life.
Behind your breath lies your true nature.
Can you imagine the perfume of life is your true essence?
What an incredible fragrance you have!
Each one of us has a unique fragrance.
It's custom designed by God.
God is the ultimate creator.
At times we think this life is bittersweet.
Some tragedy occurs.
We hit some bumps in the road of life.
We get in a car crash.
Even then life is so sweet.
You see it comes down to a state of mind.
What your life be like if nothing ever went wrong?
It would be like a stagnant pond.
Life is a river.
It's constantly changing.
Nothing remains the same.
Yet the ocean exists inside of you.
You are eternal.
You are timeless.
You were never created and you will never die.
Your body will.
Events will come and go in your life.
George Harrison once said all things must pass.
I admit at the time I didn't understand what he was talking about.
Years later I'm understanding this fact.
Everything is water under the bridge.
Everything comes and go in our life.
We experience high tides and low tides in life.
The wise men in the past said to dive deep inside of your being.
There you will find the true essence of life.
There resides the sweet spot of life.

You can be in this sweet spot where ever you go in life.
This sweet spot is a part of your true nature.
Imagine if someone yelled in anger at you and you just smiled.
There was no charge for you.
You didn't respond in anger.
You simply smiled.
You can see the pain in the person and with love and compassion, you try to help
them out.
This is life at its sweetest.
Loving your fellow man.
Living your life beyond anger and hatred.
Discover your true nature.
The perfume of life is keeping you alive.

Living The Dream

I'm living the dream.
Wow.
I'm alive.
Behind my breath lies the source of life.
This source is my true nature.
This source is your true nature.
The entire universe is united.
We have simply placed blinders over our eyes.
Is this life a dream?
We come into this world from God.
Yet slowly over time, we think this world is real while we forget how we truly are.
We get spiritual amnesia.
We forget our true nature.
No wonder we get frustrated in life.
At times just living the dream isn't enough.
Deep down inside we know there is something greater to be discovered.
Unfortunately, we use alcohol and drugs to try to quench our dissatisfaction in life.
They will only mask the problem.
Look I'm not saying drinking alcohol is wrong.
I'm just saying look at the reason why you are drinking it.
If you are celebrating an event, by all means, give a toast to life.
Unfortunately, I had friends in the past who drank two six-packs of beer a day.
Unfortunately, some of my friends passed away a long time ago.
Imagine this life is like a movie theater.
We watch the movie and get totally sucked into it.
All our emotions get involved.
It's a roller coaster of emotions.
Yet have we ever turned around and seen the projector flashing light upon the
screen?
In the East, the Indians call this Maya.
Maya translates to a dream in English.
This life is a dream.
We think it is so real.
What happens when you go to a movie theater.
The movie has ended.
The credits start to roll.
You get up and walk out of the movie theater.
In the same way, we are sitting in the theater of life.

We are watching a movie.
Someday the movie will end.
The credits will roll.
We will then walk away from the theater of life.
Ponder this over.
You can solve this puzzle.

Lord Grant Me Patience

Lord grant me patience.
Patience is truly a work of God.
Imagine God created the earth billions of years ago.
Yet in a blink of an eye in God's eye, we are created.
What infinite patience God must have.
Imagine an artist painting.
The artist creates the background and waits billions of years to create the human.
What synchronicity?
I don't think we can fathom all the steps that were necessary for humans to be created.
Only supreme intelligence can do that.
Patience is the key.
We rush along in daily life.
The daily traffic jams of life occur to us all.
The honking and zig zags over lanes.
Our minds are impatient.
I got to get to my job on time.
Personally, I think the way we drive is a reflection of our minds.
Stop and think it over next time you get pissed off at someone who cuts you off.
You get angry and the anger stays inside of you.
Moment by moment the anger builds.
At some point in time, the anger explodes on an innocent bystander.
They didn't have anything to do with the anger but unfortunately, they triggered the release.
When I was young I often criticized older drivers.
They often drove slowly in the right-hand lane.
Over time I saw they drove in a completely mellow manner.
Not a care in the world.
They learned how to be patient in life.
They got to their destination easily without getting in road rage or anger.
When it comes to dreams we must be patient.
How many people give up on their dreams right before it was going to manifest?
Imagine running a marathon and stopping only a hundred yards from the finishing line.
Yet we have done this numerous times in our life.
My Mom said to me numerous times growing up.
Patience is a virtue.

When I first started to meditate I learned quite quickly that this path is going to
take patience.

It's not like you close your eyes and you are enlightened.

Many of my friends gave up in less than a year.

They said I can't control my mind.

Exactly.

That's why we meditate.

It takes time to pull out our inner weeds such as anger, hate, intolerance, and
impatience.

We have to till the soil and plant the seeds.

We have to water them daily.

A farmer learns about patience in growing his crops.

We need to develop the same patience in cultivating our inner crop.

Ponder this over.

Lord grant me patience.

Personally, I think we develop patience than a God who delivers patience on a
silver platter.

He may give glimpses of patience but we must cultivate it.

Lord What's Going On

Lord, what's going on?
Have ever said that?
I know I certainly have.
Recently my contract ended so I'm looking for work.
Fortunately, I get a lot of phone interviews.
Yet when I get to my person-to-person interview things go awry.
You see in this present day age discrimination truly exists.
I remember recently I had a phone interview.
At the end of the call, he said this is the best interview he had ever had.
Yet when I walked into the room for my face-to-face interview it changed
dramatically.
I could see his job drop and his expression was oh.
He didn't even remember the interview the day before.
He totally lost focus on why I was there.
I spent around forty hours working on a project to demonstrate my abilities.
I went far beyond what he wanted.
The crazy thing he never looked at it.
He saw my age and that was it.
My life has been extraordinary.
He had no idea what I have accomplished in my life.
Yes, he had my impressive resume but that was thrown into the trash.
Maybe not literally but I knew my odds were nill.
Did you know at Google software engineers freak out when they reach the age of
thirty?
They consider themselves over the hill.
What in the world is going on?
In silicon valley, you are considered obsolete in your fifties.
When I worked for a famous financial broker I saw that when you reached the age
of fifty-five you got laid off.
One by one I saw this happen.
I finally reached that age and I got laid off.
Imagine I worked on a project and in the first month in production I saved the
company around 150 million dollars.
Our team's award was everyone who worked on the project got laid off.
There were huge layoffs.
The company made huge profits that year.
The shareholders got their money and thousands of workers got a pink slip.
I believe in conscious capitalism.

This present model of raping the land has got to stop.
As employees, we are not mere tokens to be played with.
You don't gamble with our lives.
When your profits go south you don't just lay off your workforce.
Why should CEO's salary go up over 1000 percent since the seventies?
The average worker's salary has not really improved much.
Lord, what's going on here?

Love Is Always In The Air

Love is always in the air.
In each and every breath you take love is supporting you.
Love is keeping you alive.
Did you know the entire universe is created by love?
I find that extremely fascinating.
Before I started to meditate I couldn't even contemplate that.
Many moons later I get incredible glimpses of this.
Love is truly the essence of life.
Our human body is hard-wired to discover love inside of us.
Our DNA contains the essence of love.
Yet we have forgotten our true nature.
I know I have said this countless times
But as Christ said the kingdom of heaven lies within.
This is not some theory.
Yet most of the time we are oblivious to this precious fact.
We come into this world directly from God.
We leave this world and go directly back to God.
Maybe we should think about how can I directly connect to God inside of us.
The universe is giving us signposts everywhere.
Yet we are lost in text messaging while driving our cars.
Our entire society is built to look outside of ourselves.
Maybe the greatest mystery lies inside of you.
We look for God outside of ourselves.
But maybe God is hidden inside of you.
Maybe just maybe you are a part of God.
Imagine your true nature is kindness.
Your true nature is not anger.
Imagine your true nature is love and compassion.
Your true nature is not hatred.
Your true nature is compassion.
Your true nature is not greed,
Your true nature is patience and tolerance.
Your true nature is not intolerance.
Imagine God does not have these negative qualities.
Man develops them during life.
A newborn baby is pure at heart.
Over time it slowly learns about the negativity.
Love is in the air.
Discover the love inside of you.

Love Is That Way

Love is that way.
Love is kind.
Love is unlimited.
Love is never created or destroyed.
Your true nature is love.
This is your true essence.
The universe was created by love.
You were created by love.
This is the greatest mystery in the universe.
Love exists inside of you.
Yet we only get fleeting glimpses of it.
This is why all the great masters said to discover the jewel within your being.
Unfortunately, we are human doers when we should be human beings.
A human being is in a state of love.
A human being is conscious of the love that exists inside.
It's like tapping a well of love inside of you.
The water of love flows to the surface.
You then can drink the precious water.
Over time you become love.
This is the great puzzle of life.
You are a piece of this great puzzle.
A puzzle wouldn't exist without your piece.
This is how significant you are.
All the Angels are rooting you on.
They can't play the game for you.
But they are in the grandstands watching you playing the game of life.
They love you.
You are a part of them
You are family.
Remember when as a kid your parents would watch your sporting events?
Well God and his family are watching you in this game of life.
You are never alone.
The signpost of God is everywhere.
You have a tendency not to see them.
This is why we tell you to learn how to meditate.
Slowly over time, you will begin to see them.

Love is that way.
The more you pay attention to the love inside the more love pays attention to you.
You become what you pay attention to.
A person who pays attention to love over time becomes love.
Yes, it takes work.
Yes, it takes effort.
It's not an easy ride.
But the fruits are to discover your true nature.
The fruits are to solve this riddle of life.
Ponder this over.
Love is that way.

Love Is Why We Are Here

Love is why we are here.
There is no other reason.
It's as simple as that.
Yet have we missed the picture?
In the midst of hatred and anger.
Look at the Facebook post today.
At times almost everyone is spewing hate and anger.
All this is doing is putting gasoline on the fire.
Love is placing water on the fire.
The wise men from the past understood the power of love.
They went through the same problems we do.
But they understood there was a root to their problems.
Daily they pulled the weeds from the roots and over time there were no more
weeds.
We are all farmers in life.
We must take care of our own gardens.
Unfortunately, I can't pull the weeds for you.
Only you can pull your own weeds.
Hopefully, these poems will inspire you to take care of your garden.
This is probably one of the best things to do in your life.
Discovering your true essence is the true jewel to find.
You are the universe.
You just don't know it.
What can be grander than that?
You are the sun, moon, and stars.
Wow.
Yet we have lost touch with our true nature.
Imagine your true nature is kindness.
Your true nature is love and compassion.
Your true nature is patient and tolerant.
You are timeless.
Now I'm not just making this up.
Even with elementary science, you can prove this.
Energy can not be created or destroyed.
You are a part of this universal energy.
This energy is alive and conscious.
This awareness lies inside of you.
Christ said the kingdom of heaven lies inside of you.

You are literally hardwired for this experience.
Your DNA contains the essence of God.

Wow.

The signpost is everywhere.

Love is why we are here.

Ponder this over.

You can solve this riddle.

Making Friends With Dragons

Making friends with dragons.
Did you know that in the East young kids would make friends with dragons?
Mind you this was a long time ago.
Now in the West dragons were considered hateful creatures.
They hoarded their gold and killed many people.
In the East, dragons were considered wise creatures.
They lived thousands of years.
They understood the great treasures of life.
The dragons knew the great secrets of the universe.
They knew that the universe was kind.
They became one with kindness.
They knew the universe was love and compassion.
They became one with love and compassion.
They knew that the universe with patient and full of tolerance.
They became one with patience and tolerance.
All the universe was they became.
You see not only humans can find God.
The dragons meditated for thousands of years.
They had the same problems we do.
Just look at the western dragons.
They were hoarding external treasures yet they never found the treasures within.
They fought with one another.
They had the same miserable problems we have.
Some bold dragons left the West and decided to move to the East.
They went right into the mountains and began to meditate.
Thank God they were fire dragons.
It was freezing up there.
They lived in caves.
For thousands of years, they meditated.
Over time they discovered their true nature.
Over time word got out about these magnificent dragons.
Children would flock to the entrance of the caves and ask could you come and play
with us?
Who can resist the calling of children?
Slowly the dragons came out.
They became friends.
The dragons taught them the mysteries of life.
One of the students was Lao Tzu.

He eventually became a great master.
He understood the great secrets of the universe.
His wisdom is still alive today.
In China today the dragon is still revered.
The dragon helped man discover his true nature.
You see back then and even today man is lost.
He has yet to find his way.
Anyway going back to the story.
Because the dragons live for thousands of years they trained for hundreds of
generations.
These young children grew up and died learning about their true nature.
Harmony was around.
You could say this was the first golden age.
Man lived in harmony with nature.
Man lived in harmony with the universe.
Imagine the universe is playing an incredible song and man was in harmony with
this song.
We knew we weren't alone.
We knew we were a piece of the puzzle.
There I am with that piece of the puzzle again.
But the dragons showed us how to discover this piece of the puzzle inside of us.
What could be more incredible than that?
The dragons still exist today.
They left this world many moons ago.
Yet they exist inside of your heart.
Ponder this over.
The dragons are your true friends.

Miracles

Miracles are all around you.
Miracles exist inside of you.
It's a miracle that you are alive.
It's a miracle keeping you alive.
I remember when I was quite young.
My brother and I were curious to see what would happen if we lit a match and
placed it in a gas tank of a car.
We would light the match and it would blow out before we could place it in the gas
tank.
We did this over and over again.
Finally, we gave up.
Wow, we are so lucky to be alive.
The angels must have been looking over us.
All it would take was one match and we would no longer be here.
That was many moons ago.
I remember my girlfriend Anna and I were shot at in Mexico.
We could hear the bullets whizzing around our heads.
By grace alone, we are still alive.
Every moment of our life is a miracle.
What is keeping us alive?
Behind our breath is the answer.
This is the ultimate miracle.
The universe is keeping us alive.
Yet we have simply forgotten and are not aware of this precious fact.
We have forgotten the significance of our holy breath.
In the beginning, was the word.
The word was with God.
The word was God.
We are the word made flesh.
The great master Jesus the Christ said this.
Can you imagine that you existed before the beginning?
You are eternal.
You were never created or destroyed.
This is your true nature.
Now imagine the word of God is keeping you alive.
Behind your breath is the energy that created the universe.
The word cannot be spoken.
In other words, it lies beyond our fourth-dimension comprehension.

Yet it can be experienced.
Our human bodies are hardwired for this experience.
Imagine having a car and it just sits in the garage.
Wouldn't that be a sin?
The car is meant to be driven.
In the same manner, we have a car inside that's been sitting there all our lives.
It was meant to be driven.
It's just sitting there gathering dust.
You are the only one who can wash the car.
You are the only one who can open the garage door inside of you.
You are the only one who can turn on the ignition and back out of your precious
car.
You are the only one who can take your car for a spin.
What a ride this will be.
You will explore places inside of you that are so glorious.
This is your true nature.
God is your co-pilot.
You have free will in this manner.
The miracle of life does not judge you.
The miracle of life does not try to convert you.
Yes, life may present some precious facts your way.
But it's up to you to accept them or not.
This has always been the way.
All the great masters in the past talked about the same thing.
They all had different stories for the time.
The essence was always the same.
The miracle of life exists inside of you.
Ponder this over.
You are the universe.
You just don't it.